

# he Could Could by the Southern Maryland Dental Society

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# President's Welcome Message

September 2024

# Save the Dates

<u>Sep 16</u>

SMDS GMM (Zoom)

Sep 20-21

Chesapeake Dental Conference

Oct 1-Nov 26

DA Radiology Course

Oct 17-19

ADA SmileCon

Oct 14

SMDS GMM (Zoom)

Nov 2nd

SMDS New Dentist Event

Nov 11

SMDS GMM (In-Person)

Nov <u>23</u>

Soft Tissue Laser Coarse

Dec 9

SMDS GMM (Zoom)

Dear Colleagues and Friends,

As we approach the end of the short summer and begin the new fall season, I hope you all find time in your busy schedules to spend time with family and enjoy the outdoors.

This past year, I was introduced to pickleball, a growing new sport. I spent this summer playing more and more pickleball, and through this game I have met many new wonderful friends. There are many places to play in our area. You can find available courts through your county website. If you are looking for a new sport, this is a good social game to consider.



Additionally, I will be attending both the Mission of Mercy in Eastern Shore and the Chesapeake Dental Conference in Baltimore this September. I hope to see many of you at these events.

Warm regards, Tuan Nhu, DDS

# SEPTEMBER 2024

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29	30						





# Southern Maryland Dental Society

4920 Niagara Road • Suite 306 College Park, MD 20740 301.345.4196 Fax 301.345.0016

# **OFFICERS 2023-2024**

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The SMDS will publish signed articles relating to all phases of dentistry (space permitting), but assumes no responsibility for opinions expressed by the contributors.

Acceptance of advertising in no way constitutes professional approval or endorsement.

Deadlines for all materials is the 1st of the month preceding the issue. Publishing dates are August, September, October, November, January, February, March, May

# **Editor's Letter**

Greetings Colleagues,

Welcome to September: As we move into fall it's going to be a great season filled with learning, growth, and community!

New Member Spotlight: Please join us in welcoming our newest member: Dr. Tricia Boyce

Hispanic Heritage Month: As we celebrate Hispanic Heritage Month, let's take a moment to honor and thank all the Latinx providers and staff who contribute so much to the dental profession. Your dedication and expertise enrich our entire community!

Chesapeake Dental Conference: Don't forget to register for the Chesapeake Dental Conference, kicking off on September 20th. It's one of the biggest events of the year, filled with opportunities to learn and network!

Don't forget about our GMM tonight on Zoom featuring Dr. Brittany Bergeron discussing Bioactivity in Everyday Practice.

Warm regards,

Dawn Clarke, DDS Smds.newsletter@gmail.com



# **SMDSDentists.Org**

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# **Southern Maryland Dental Society**

HOME

HANDS-ON CONTINUING EDUCATION

MEMBER SERVICES

**PUBLIC SERVICES** 

The Southern Maryland Dental Society (SMDS) is a component dental society of the American Dental Association and the Maryland State Dental Association.

SMDS works diligently to enhance the oral health care environment in southern Maryland. We are here to serve our members, the public, and our partners in oral health care. SMDS provides quality continuing education for its members and advances public service initiatives.



Special thank you

We recognize our volunteer SMDS Delegates and Alternate Delegates who will be voting on important organizational and policy issues during the House of Delegates at the MSDA Chesapeake Dental Conference:

Thomas a'Becket Andrew Horng
David Allick Debony Huges
Leonard Bers Halima Karim
Dawn Clarke Ronald Mancini
George Grillon Gigi Meinecke

Kristen Millender Adam Schneider Tom Stanton Robert Tilkin Rachel Wilson Steven Friedman
Tuan Nhu
Nancy Tilkin
Rick Williams
Charles Doring (Trustee)

# **Upcoming Meetings**

Please mark your calendars and save the date for these upcoming meetings and events below. Note: General membership meetings (GMM) dates are in **bold** and may be subject to changes.



# 2024

# Sept 16 SMDS GMM (Zoom)

Sept 19 MARPAC Golf Outing

Sept 20-21 Chesapeake Dental Conference

Sept 20 MSDA House of Delegates

Oct 14 SMDS GMM (Zoom)

Oct 17-19 ADA Smilecon (Orlando)

Nov 2 New Dentist Event

Nov 11 SMDS GMM (In-Person)

Nov 23 Soft Tissue Laser Course

Dec 9 SMDS GMM (Zoom)









# CHESAPEAKE DENTAL CONFERENCE



DR. ANNE KOCH





DR. TRAVIS CAMPBELL AMANDA HILL, RDH



RL WYNN, PHD

# DON'T MISS OUT ON THIS EXCITING EVENT!

**NEWLY ENVISIONED EXHIBIT HALL** NEW DENTIST SOCIAL EVENT INCREDIBLE EXHIBIT HALL PRIZES 23/24 MSDA PRESIDENT'S GALA AWARDS CEREMONY QUALITY SCIENTIFIC SESSIONS

<u>msda.com/chesapeake-dental-conference/</u>



SEPT. 19, 2024

# **WAVERLY WOODS GOLF CLUB** Register: msda.com



THE EARLY BIRD GETS LAST YEAR'S PRICES!

Register now through July 31, 2024 for early bird pricing

# GOLF and you could win!

- \$10,000 Putting Contest 

  Post event banquet!
- \$10,000 Hole in One Contest Ist & 2nd place prizes!

Side games!

And More!

SOUTHERN MARYLAND
DENTAL SOCIETY PRESENTS

NOVEMBER 2, 2024

# PRINLESS DENTRL IMPROV

**FEATURING** 

FREE

**EVENT** 

RSVP HERE





# **JOIN THE FUN!**

3:00 PM TO 5:00 PM @ BROOKEVILLE BEER FARM

20315 A GEORGIA AVE, BROOKEVILLE, MD

**FOOD & DRINKS WILL BE SERVED** 

SPACE IS LIMITED, RSVP NOW!

www.smdsdentists.org 301-345-4196



# Introduction

Soft tissue lasers offer numerous benefits over conventional surgical methods, such as scalpels and electrocautery, including enhanced precision, reduced bleeding, and improved patient comfort. However, achieving consistent, successful outcomes requires an understanding of the unique properties of laser energy and its interaction with tissue. This course will delve into the essential principles of laser physics, emphasizing the "Big 3" parameters—power, time, and spot size—to maximize surgical efficiency while minimizing lateral thermal damage. Attendees will gain insights into advanced laser techniques, allowing them to refine their clinical skills and deliver predictable, high-quality results in their dental practice.

# Course Curriculum

- Understanding laser-tissue interaction and the physics of light energy.
- Mastering the "Big 3" parameters: managing power, exposure time, and spot size.
- Techniques to minimize lateral thermal damage and optimize patient outcomes.
- Clinical applications in common procedures:
  - Gingivectomy and soft tissue contouring.
  - ☐ Frenectomy for tongue-tie and lip-tie treatments.
  - п Fibroma removal and lesion excision.
  - Crown lengthening and uncovering implants.
- Managing complications and enhancing safety protocols.

# Hands-On Participation Session 2 HOURS

- Laser Safety
- Laser Surgical Technique Simulations
- Superficial Ablation
- Superficial Coagulation

- Shallow Incisions
- Deep Incisions
- Practicing Surgical Techniques on a Pig Jaw



Course Certificates Course participants who successfully complete examination, will be awarded a LASER SAFETY basic knowledge CERTIFICATE from the Board of Laser Safety of the Laser Institute of America (DISCOUNTED cost for the ALSC members), as well as a Laser Dentistry and Laser Surgery Basic Knowledge and Hands-On participation Wetlab CERTIFICATE from the American Laser Study Club (FREE for the course participants).

# About the American Laser Study Club (ALSC)

The ALSC was founded to promote science-based laser dentistry, surgery, and safety education. The ALSC is proud of its curriculum and its distinguished membership, including our honorary members Gordon J. Christensen, DDS, MSD, PhD and Rella P. Christensen, RDH, PhD, world-renowned leaders in dental product research and education, who welcomed the ALSC's mission: "Peter, we congratulate you on starting a laser study club. It is greatly needed..."







Meet the Instructor



Robert A. Strauss DDS, MD, FACS

Dr. Strauss is a Professor and Director of the Residency Training Program in Oral and Maxillofacial Surgery at the Virginia Commonwealth University Medical Center, and Past President of the American College of Oral and Maxillofacial Surgeons. Dr. Strauss is board-certified by the American Board of Oral and Maxillofacial Surgery and is a former Chair of the Major Surgery Section of the Board. Over the last 30 years, he has authored numerous publications and textbook chapters on the use of lasers in oral and maxillofacial surgery.

Dr. Strauss received his dental degree from the University of Buffalo and his medical degree from the UHSA School of Medicine. He completed his internship at the Buffalo General Hospital and residencies in both Oral and Maxillofacial Surgery and in Anesthesiology at the Michael Reese Medical Center in Chicago. Dr. Strauss specializes in laser surgery of

### the head

and neck, facial and jaw reconstructive surgery, cosmetic facial surgery, and sleep apnea surgery. His research interests include laser and cosmetic surgery, sleep apnea, anesthesia, and orthognathic and reconstructive surgery.

# Tuition

SMDS Members \$485 Non-SMDS Members: \$590 Residents (Starting Nov 1st): \$235

# Registration

Call: (301) 345-4196 Email: Valerie@smdsdentists.org



The 2025 MSDA

Member Perks

Retreat is coming

back to MD!



February 27-March 1 2025 Perryville, MD









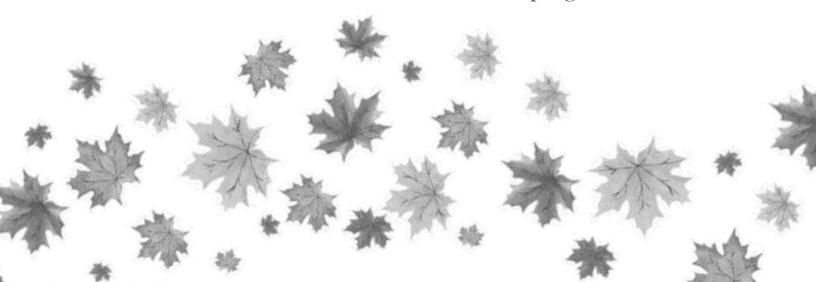
# MSDA Member Referral Program

We are thrilled to introduce the Maryland State Dental Association's (MSDA)

Member Referral Incentive Program—a fantastic opportunity for our valued
members to earn rewards for their support and dedication to our association.

For every three (3) non-member dentists you refer, who successfully join the MSDA, you will receive a \$100 Amazon gift card as a token of our appreciation for your support and commitment.

For more information on the MSDA Member Referral Program visit msda.com/msda-member-referral-program/





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### Dear Colleagues,

As many of us prepare for the MARPAC Golf Classic, the Chesapeake Dental Conference, and our MSDA House of Delegates meeting. I wanted to be sure to remind you of a couple laws that will be going into effect on Oct. 1. While only one is completely being implemented on Oct. 1, we want to be sure you are ready to go!

### Destruction of Medical Records

HB 149 was signed into faw on May 16 and will go into effect on Oct. 1. This new law prohibits a health care provider from destroying a medical record, laboratory report, or x-ray report about a patient for 7 years after the report or record is made, two years longer than what we are currently required to do. For a patient who is a minor, we will be required to wait 7 years after the patient reaches adulthood.

In addition, we must:

- send a specified notice by first-class mail as well as email the last known email address
  of the patient (or a minor patient's parent/guardian with limited exception).
- make the record or report available at a location specified in the notice for retrieval by the patient or the patient's parent/guardian for 60 days (current law requires a 30-day access period) before the records can be destroyed.

This law was brought forward after a pediatrician was found to be sexually abusing patients, and Infection Control Designee

We discussed this bill in detail in the <u>June 15</u>, <u>blog post/email</u>. While the law is to go into effect on Oct. 1, however the regulations have yet to be finalized, so in all practicality, the law is dormant for the time being. That said, it does not hurt to be ready for when the Board does take the steps to implement the law.

This law requires:

- Each owner of a private dental office to designate a licensed dentist to be the supervising dentist for the office.
- The supervising dentist to complete the registration required by the Maryland State Board of Dental Examiners and be responsible for all "infection control activities" within the office.
- The owner of a practice to immediately designate an interim supervising dentist should the designated dentist relinquish responsibility for infection control issues.

In recent years, there have been a high number of complaints to the Board of Dental Examiners about the infection control efforts in dental offices. This law was in response to those complaints.

These are lesser-known laws than the dental benefits changes that we have been fighting for, but they still impact our practices, especially when we don't comply.

Have a great weekend and I look forward to seeing you at the MARPAC Golf Classic and the Chesapeake Dental Conference next week.

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# SOUTHERN MARYLAND DENTAL SOCIETY

IS AN ADA CERP RECOGNIZED PROVIDER

4920 Niagara Road, Suite 306, College Park, MD 20740
Tele:301-345-4196 Fax: 240-542-4774 Web site: www.smdsdentists.org, E-mail: Janice@smdsdentists.org

# DENTAL ASSISTING RADIOLOGY AND BASIC ANATOMY - UPDATE

9 classes will be held in our classroom and 2 will be held virtual

# October 1- November 26, 2024 LAST CLASS THIS YEAR

This course prepares the dental assistant who is employed in a dental office to sit for the Dental Assisting National Board Exam in Radiation Health & Safety Certification. All clinical practice takes place at the student's place of employment (including bringing in x-rays). A total of 11 classes which is 33 hours of class time. If you have any questions, please call 301-345-4196.

Course requirements: 18 years of age, high school grad or equivalency, 3 months experience and the signature of employing dentist on the application verifying employment & commitment of clinical supervision. *Fluency in English is required*.

TUITION: Member/Staff \$565. or Non-Member \$625., Fee Includes Book Pkg. DATES: Oct 1,8,10V,15,22,29,Nov.5,7V,12,19,26, 2024 Tuesday & Thursday TIME: 6:00p.m.– 9:00p.m., LOCATION: College Park Classroom & 4 Zoom

Note: V indicates virtual classes.

# APPLICATION - Please Print Clearly

COURSE TITLE:	DATE		
LEGAL NAME:	AMOUNT ENCLOSED		
HOME ADDRESS:			
PHONE/CELL:	EMAIL		
DENTIST'S NAME:	PHONE		
OFFICE ADDRESS:	FAX		
dental office and I agree to provide clin I agree to evaluate the applicants' perfo may NOT continue to perform these du	yee has been working for months/years in this nical experience under my direct in room supervision.  ormance. Once the course is completed the assistant atties until the required boards are passed & state nature Date		

# NOTICE TO APPLICANTS

The provisions of this publication are not to be regarded as a contract between the student and the Southern Maryland Dental Society (SMDS). The SMDS reserves the right to change any provision or Requirements when such action will serve the interests of the SMDS and other applicants. The SMDS Further reserves the right to ask a student to withdraw when it considers such action in the best interest Of the SMDS. Class size is limited. FLUENCY IN ENGLISH IS REQUIRED.

SMDS is committed to a policy of equal opportunity for all persons to the end that no person, on the Grounds of sex, race, age, color, national origin, ancestry, marital status or status as a qualified individual with a disability shall be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity of the SMDS

TO REGISTER - Complete the information on the application and return it at least 10 days prior to the starting date along with payment to: Southern Maryland Dental Society, 4920 Niagara Road, Suite 306, College Park, Maryland 20740. REFUNDS can only be given if you withdraw 10 days prior to the first class. A \$30.00 administration fee will be charged for your refund or transfer. BOOKS can be picked Up during regular office hours once registration and payment is complete. Classes are held in Suite 300 At this same address unless otherwise indicated. CHECKS or Money Orders are to be made payable to the Southern Maryland Dental Society (SMDS). We do not take credit or debit cards. Late Registration Is possible based on availability. For additional information contact Janice Farber at 301-345-4196.

Other Location: Maryland State Dental Association, Columbia, MD., 410-964-2880.

MARYLAND STATE BOARD OF DENTAL EXAMINERS APPROVED PATHWAYS FOR CERTIFIED RADIATION TECHNICIAN ALL PATHWAYS REQUIRE A BOARD APPROVED RADIATION COURSE (SOURCE MSDA)

Pathway ! \* 18 years of age

\* 3 months (300 hours full time in clinical setting in a dental office

Basic oral anatomy course

Must be working in a dental office for direct clinical supervision

Pathway II \* 18 years of age

Pre-test for acceptance into radiology course (basic oral anatomy and dental terminology)

If student fails pre-test, must take basic dental assisting course

Must be working in a dental office for direct supervision

Basic Dental Assisting Course prior to Board approved Radiology Course (18 years of age for Radiology)
 Not taken concurrently.

Must be working in dental office for direct clinical supervision, unless classroom facility offers hands on clinical.



# The Classifieds

**NEW LISTING – PEDO PRACTICE – Richmond, VA** – 7,000+ S/F in strip mall. Abundant free pkng. 9 OP's, @2,500 active patients – 30-40 new patients/month. EagleSoft software. Digital Pan/Ceph, digital radiographs. Contact Ellen Dorner at N/L Transitions – 410-935-4066 – edorner@nltransitions.com

MONTGOMERY COUNTY – GP PRACTICE - newly renovated GP Practice – excellent location -strip mall off Rte 370. Abundant free pkng. @1200 S/F. 3 OP's. FFS/limited PPO's. Dentrix. Cerec Primescan, 3D printer, MCXL Mill, Programat CS Oven, CBCT, ScanX, IO cameras. Contact Ellen Dorner – 410-935-4066 – edorner@nltansitions.com

**NEW LISTING – FREDERICK COUNTY – GP PRACTICE** - condo for sale. 4 OP's. Currently 3 ½ days/week. Huge growth potential. Refers out specialty procedures. Dentrix. Digital radiography, intra-oral camera. PPO's/FFS. Contact Ellen Dorner 410-935-4066 – edorner@nltransitions.com

**EXCELLENT OPPORTUNITY – FREDERICK COUNTY –** GP practice in condo office – condo for sale. 3 OP's, 2 addl plumbed. Currently 4 days/week. Refers out specialty procedures. Softdent. Digital radiography, Panorex, Scanner, intra-oral camera. PPO's/FFS. Contact Ellen Dorner 410-935-4066 – <a href="mailto:edorner@nltransitions.com">edorner@nltransitions.com</a>

**EXCELLENT OPPORTUNITY – MONTGOMERY COUNTY –GP PRACTICE**- excellent location - commercial hi-rise – free pkng. @2100 S/F, four (4) OP's, PPO/FFS. Refers all specialty procedures. Eaglesoft. 15-20 new patients/month. Contact Ellen Dorner– 410-935-4066 – edorner@nltransitions.com

**MONTGOMERY COUNTY** – GP practice in office complex. Excellent exposure - free parking. Excellent satellite location. 3 OP's - @900 S/F. Refers out specialty procedures. Dentrix. Digital radiography, Scanner, nitrous. PPO's/FFS. Contact Ellen Dorner – 410-935-4066 – edorner@nltransitions.com

**WASHINGTON, DC** – GP practice- outstanding DC location. FFS. 3 ½ days/week. 3 OP's; low overhead; Easy Dental. Refers out all specialty procedures. Seller will consider selling co-op. Contact Ellen Dorner – 410-935-4066-edorner@nltransitions.com

**MONTGOMERY COUNTY** – GP practice in strip mall. Abundant parking. 1,350 S/F, 4 OP's. 3 days/week. @14-18 new patients/month. Refers specialty procedures. Eaglesoft. Digital radiography, Cerec 2, Laser, Therma-filler. Contact Ellen Dorner – 410-935-4066 -edorner@nltransitions.com